

Philipstown Recreation Department



SPRING 2020

Philipstown Recreation Department

Mailing Address: PO Box 155, Cold Spring, NY 10516

Philipstown Community Center

Local Address: 107 Glenclyffe Drive, Garrison, NY 10524

Phone: 845.424.4618 or 845.424.4662 Fax: 845.424.4686

Website: www.philipstownrecreation.com

TOWN BOARD

Richard Shea, Supervisor

Robert Flaherty Michael Leonard
Judy Farrell* John Van Tassel

*Town Board Liaison to the Recreation Commission

RECREATION COMMISSION

Joel Conybear, Chairperson

Ben Cheah Aric Kupper
Bill Mazzuca John Maasik
Claudio Marzollo Lydia McMahon

RECREATION DEPARTMENT

Amber Stickle Director of Recreation & Parks
Susan Richardson Recreation Supervisor
Karen Virgadamo Program Administrator
Tim Merante Building & Grounds Supervisor
Walter Guzman Parks & Facilities

PHILIPSTOWN DEPOT THEATRE

Amy Dul Managing Director
Nancy Swann Artistic Director
Julianne Endler Heckert House Manager
Karen Kapoor Youth Coordinator

TOWN OF PHILIPSTOWN PHONE DIRECTORY

<u>Department</u>	<u>Phone</u>
Town Supervisor's Office	(845) 265-5200
Town Clerk & Tax Collector	(845) 265-3329
Building Inspector	(845) 265-5202
Board of Assessors	(845) 265-5203
Court Clerk	(845) 265-2951
Highway Superintendent	(845) 265-3530
Putnam County Office of Aging	(845) 265-3359
Haldane Central Schools	(845) 265-9254
Garrison Union Free School	(845) 424-3689
Philipstown Depot Theatre	(845) 424-3900
Depot Theatre Reservations	(845) 424-3900
Town Annex	(845) 265-4402
F.I.S.H. Phone	(845) 424-4669
Continental Village	(845) 737-0341
Cold Spring Post Office	(845) 265-3486
Garrison Post Office	(845) 424-3695
Cold Spring/Garrison Chamber of Commerce	(845) 265-3200
Putnam County News & Recorder	(845) 265-2468

The **Town Board** meets at 8pm on the 1st Thursday of every month at Town Hall.
The **Recreation Commission** meets at 7:30pm on the last Tuesday of every month at the Community Center.

**REGISTRATION FOR ALL SPRING PROGRAMS OPENS FEBRUARY 10th
FOR RESIDENTS AND FEBRUARY 18th FOR NON-RESIDENTS**

Early Education	Page 4
Youth Programs	Page 6
Movement & Sports	Page 9
Teen	Page 12
Summer Preview	Page 14
Theatre	Page 15
Seniors	Page 16
Ceramics	Page 18
Adult	Page 18
Important Information	Page 21
Directions	Page 22

WE HAVE A NEW REGISTRATION SYSTEM!!!

Philipstown Recreation has a new software program. Please go to PhilipstownRecreation.com and click on the Create New Account link to open your account and gain easier access to program registration. **Be sure to then add all the members of your household into the account.** We are asking all participants to set up accounts prior to registration day regardless of if they plan to utilize the online registration options. Even if you plan to register over the phone or in person, our new registration system will utilize your household account information.

EARLY EDUCATION

INDOOR TOT PARK

Fee: \$1 per session (per family) or \$20 for 25
Start Date: On-Going
Days: T,Th, Fr: 9:00-11:00am, M-F: 12:00-1:30.

LITTLE SLUGGERS

Ages: 3 years

Hit, throw and run all while having fun! Shirt & hat included. If it rains, April 25 Little Sluggers will be cancelled. If it rains any other Saturday, the program will move into the gymnasium.

Instructor: Tom DesMarais
Day: Saturday
Time: 9:00am
Location: Community Center Front Field
Start Date: April 18 (6 weeks)
Fee: \$70 Resident / \$85 Non-Resident

MUDBUNNIES

Ages: 3 - 5 years

Your child will have a wonderful experience creating, exploring and learning new clay projects every week. See page 18 for more information.

PRE-BALLET

Age: 3 - 5

Designed to be creative and fun. Children will develop coordination, strengthen basic motor skills, and learn how to count to music. Class work will include concepts of posture, creative movement, and an introduction to balletic terms. Sessions are 45 mins long. No class 5/21.

Instructor: Mary Del Vecchio
Fee: \$85 Resident / \$100 Non-Resident
Location: Community Center Performance Space
Start Date: April 14 (8 weeks)
Day/Time: Tuesday, 4:15pm
Start Date: April 16 (8 weeks)
Day/Time: Thursday, 3:30pm or 4:15pm

T-BALL

Ages: 4 - 5 years

A great first step towards Little League! Players are divided into teams to learn and play the game of baseball. The teams will spend the first three weeks working on skills and drills with their respective coaches. The final three weeks the teams will play instructional games based on their team's schedule. You will be notified by email of the time for the first week. If you are interested in coaching, please contact us at 845.424.4618. Shirt and hat included. **Please register for the 10:15 or 11:30 timeslot. There may be one or two weeks when the schedule requires you to go to the other time for a game, otherwise you will attend the time you register for.** If it rains, April 25, T Ball will be cancelled. If it rains any other Saturday, the program will move into the gymnasium.

Instructor: Tom DesMarais
Day: Saturday
Time: 10:15am or 11:30am
Location: Community Center Front Field
Start Date: April 18 (6 weeks)
Fee: \$70 Resident / \$85 Non-Resident

REMINDERS:

- *Payment is due prior to the start of each program.**
- *For weather cancellations, please check www.philipstownrecreation.com or visit our Facebook page.**
- * Registration for all Spring programs opens February 10th for Residents and February 18th for Non-Residents**

The Learning Center Preschool

at Philipstown Recreation

Registration opens March 16 for the 2020/2021 school year

3 - 5 years old



Director: Caitlin Lidestri

Assistants: Deirdre Knapp & Megan Philippi

Children can attend: 2 days (T & Th), 3 days (M, W, F) or 5 days (M-F)

A creative atmosphere which encourages positive and healthy development through exploration of art, movement, music and learning centers. Snack is provided. Children must be toilet trained and three years of age. Program runs 9-11:45am or 9-2:00pm. This is a ten month program running from September 2020 to June 2021. Students must be registered for the entire program.

Please call 845.424.4618 to schedule a visit and for more information.

YOUTH PROGRAMS

AFTER CARE & BEFORE CARE AT HALDANE

Before care starting at 7:15am. After care going until 6:15pm. Registration for the 2020-2021 school year will start March 16. Call 845-424-4618 for availability, pricing and more information.

AFTERNOON ADVENTURE

2020-2021 Monthly Fees: - 1 day a week: \$95, 2 days a week: \$175, 3 days a week: \$250, 4 days a week: \$295, 5 days a week: \$325. Includes transportation from Haldane and Garrison School and classes marked with an asterisk. Registration for the 2020-2021 school year will start March 16. Call 845-424-4618 for availability, pricing and more information.

AFTER SCHOOL CERAMICS

See page 18 for more information.

ALL AMERICAN EATS*

Grades K-5

Join us for a tasty tour of these 50 states. We'll make Blueberry Pie from Maine, Chimichangas from Arizona, Minnesota Hot Dish, Southern Banana Pudding and other yummy surprises!

Instructor: Susan Richardson

Day: Tuesday

Time: 4:00-5:30 pm

Start Date: May 5 (6 weeks)

Location: Community Center Cafeteria

Fee: \$55 Residents/\$70 Non-Residents

ART AROUND THE WORLD*

Grades K-5

From Asia to Africa to my home country of Estonia and beyond..., we'll explore the diversity around us in the world through different art projects. Let us know about the countries you are interested in and we will enjoy exploring it all together. No 4/9.

Instructor: Mae Lambing Grunberg

Day: Thursday

Time: 4-5:30 pm

Start Date: March 12 (6 weeks)

Location: Community Center Art Studio

Fee: \$55 Residents/\$70 Non-Residents

BEGINNING BALLET FOR GRADES 2-3

Grades 2-3

This class focuses on ballet technique and will include exercises at the barre in order to acquire the "placement," strength and balance necessary to execute the center work correctly.

Instructor: Mary Del Vecchio

Day: Tuesday

Time: 5:00-6:00pm

Location: Community Center Performance Space

Start Date: April 14 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

BEGINNING BALLET

Grades K-1

This class focuses on ballet technique and will include exercises at the barre in order to acquire the "placement," strength and balance necessary to execute the center work correctly. 45 minute sessions. No 5/21.

Instructor: Mary Del Vecchio

Fee: \$85 Resident / \$100 Non-Resident

Location: Community Center Performance Space

Start Date: April 14 (8 weeks)

Day/Time: Tuesday, 3:30pm

Start Date: April 16 (8 weeks)

Day/Time: Thursday, 5:00pm

BREAKFAST BUFFET*

Grades K-5

Learn how to start your day with an assortment of tempting breakfast dishes including french toast bakes, bitesize crustless quiches, healthy smoothies and German pancakes and other delicious recipes to wake you up and make you smile. No 4/7.

Instructor: Susan Richardson

Day: Tuesday

Time: 4:00-5:30 pm

Start Date: March 10 (5 weeks)

Location: Community Center Cafeteria

Fee: \$45 Residents/\$60 Non-Residents

YOUTH PROGRAMS

COLLABORATIVE ART*

Grades K-5

The class will decide on a project that will require everyone's participation. We could team-paint one large image or create many smaller ones that come together. We will draw inspiration from everybody's ideas and choose our favorite mediums to get the desired end. No 4/7.

Instructor: Mae Lambing Grunberg

Day: Tuesday

Time: 4-5:30 pm

Start Date: March 10 (6 weeks)

Location: Community Center Art Studio

Fee: \$55 Residents/\$70 Non-Residents

COLOR SPLASH*

Grades K-5

If you are looking for fun and want to discover many different ways to create colorful abstract art, this class is for you. We will throw paint at the canvas, Jackson Pollock style, and we will go back to basics with potato prints, or squeeze paint through plastic bags...in this class expect colors to splash! Dress to get messy!

Instructor: Mae Lambing Grunberg

Day: Tuesday

Time: 4-5:30 pm

Start Date: May 5 (6 weeks)

Location: Community Center Art Studio

Fee: \$55 Residents/\$70 Non-Residents

FIRST GLIMPSE AT ART HISTORY*

Grades K-5

Learn how to appreciate art by studying art history. We will study the masters and draw inspiration from their work. We will show how you can improve your painting and drawing skills by seeing how the great ones did it. The focus will be on pivotal artists through the ages, from Leonardo da Vinci to Pablo Picasso.

Instructor: Mae Lambing Grunberg

Day: Thursday, 4-5:30

Start Date: May 7 (6 weeks)

Location: Community Center Art Studio

Fee: \$55 Residents/\$70 Non-Residents

MYTHOLOGY MONDAYS*

Grades K-5

Take a journey to ancient times and learn about the mythology of classical Greece and Rome! In addition to learning stories that have captivated listeners for thousands of years, we'll do some fun projects and activities based on the myth of the day and create our own mythical creatures along the way. No 4/6 and 4/13.

Instructor: Dennis Mazzuca

Day: Mondays

Time: 4:00-5:30 pm

Start Date: March 9 (5 weeks)

Location: Community Center Cafeteria

Fee: \$45 Resident/ \$60 Non-Residents

MULTIMEDIA ART*

Grades K-5

There are many ways to achieve the desired end. Here we will experiment in creating artwork using a variety of methods - gluing, cutting, taping, drawing, painting to create something really unique! No 4/8.

Instructor: Mae Lambing Grunberg

Day: Wednesday

Time: 4-5:30 pm

Start Date: March 11 (6 weeks)

Location: Community Center Art Studio

Fee: \$55 Residents/\$70 Non-Residents

MUSICAL REVUE*

Grades K-5

If you dream of singing onstage, here's your chance to be in the spotlight. Participants will choose songs, rehearse and perform at our final class meeting for family and friends. Final performance will be on June 12. No 5/22.

Instructor: Frank Caccetta

Day: Friday

Time: 4:00-5:30 pm

Start Date: Friday, May 1 (5 weeks)

Location: Community Center Cafeteria

Fee: \$55 Residents/\$70 Non-Residents

YOUTH PROGRAMS

OPEN ART STUDIO*

Grades K-5

Bring your own idea and we'll figure out based on your interests and strengths how to make it a reality. Draw, paint, cut and sculpt your way to great art. No 4/6, 4/13 and 5/25.

Instructor: Mae Lambing Grumberg

Day: Mondays

Time: 4-5:30 pm

Session 1: March 9 (5 weeks)

Session 2: May 4 (5 weeks)

Location: Community Center Art Studio

Fee: \$45 Resident/ \$60 Non-Residents

NATURE QUEST*

Grades K-5

Step outside and enjoy the world around us! We'll explore the outdoors through hiking, outdoor play, gardening, nature crafts, simple science activities and more. Put some Spring into your step and join us! (Don't worry- we'll have nature based activities to do on rainy days too!)

Instructor: Susan Richardson

Day: Thursday

Time: 4:00-5:30pm

Start Date: May 7 (6 weeks)

Location: Community Center Cafeteria

Fee: \$55 Residents/\$70 Non-Residents

RECYCLING ART*

Grades K-5

One person's trash may become someone else's treasure! We will use common household products or items that might otherwise be discarded to create meaningful art.

Instructor: Mae Lambing Grumberg

Day: Wednesday

Time: 4-5:30 pm

Start Date: May 6 (6 weeks)

Location: Community Center Art Studio

Fee: \$55 Residents/\$70 Non-Residents

PHILIPSTOWN ADVENTURERS*

Grades K-5

Join us as we explore the realms of imagination and step into our own live adventure! Dive into dungeons, save the townsfolk and battle monsters. Solve puzzles to find treasure- Your choice, your wits and the luck of the dice will determine if you have what it takes to be a hero of the land! No 5/25.

Instructor: Dennis Mazzuca

Day: Monday

Time: 4:00-5:30 pm

Start Date: May 4 (5 weeks)

Location: Community Center Cafeteria

Fee: \$45 Residents/\$60 Non-Residents

STORYBOOK SCIENCE*

Grades K-5

Join us each week as we share a beloved story and explore the science we find inside- think tornados with Dorothy or oobleck with Bartholemew- have fun and learn a little on the way! No 4/9.

Instructor: Susan Richardson

Day: Thursday

Time: 4-5:30 pm

Start Date: March 12 (5 weeks)

Location: Community Center Cafeteria

Fee: \$45 Residents/\$60 Non-Residents

**REGISTRATION FOR ALL SPRING PROGRAMS
OPENS FEBRUARY 10th
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NON-RESIDENTS**

BASEBALL
SOFTBALL

REGISTER
TODAY!



EARLY BIRD
PRICING
ENDS
FEB 16

PLAY BALL WITH THE PHILIPSTOWN LITTLE LEAGUE

Girls and Boys of all experience levels
are welcomed!

Grades K-7 (up to age 12)



Register at www.philipstownlittleleague.com

MOVEMENT AND SPORTS

ARCHERY*

Grades 1-6

Learn the fundamentals of archery and start developing your skills using traditional target practice and other fun and challenging games.

Instructor: Frank Caccetta

Day: Wednesday

Grades 1-3: 4:00-4:50m

Grades 4-6: 5:00-5:50pm

Location: Community Center Grounds/Gym

Start Date: May 6 (6 weeks)

Fee: \$45 Residents/\$60 Non-Residents

BASKETBALL SKILLS & DRILLS

Grades: 3 - 8

Come each week and work on your basketball skills. This is a drop in program, you do not need to pre-register.

Instructor: John Froats

Day: Monday

Time: 6:15-7:15pm

Location: Community Center Gym

Start Date: Ongoing

Fee: \$1 per night Residents / \$3 Non-Resident

LACROSSE OPEN GYM

Grades 7-12

A chance to work on your stick handling skills, game fundamentals and get ready for the spring.

Instructor: Pete Ruggiero & Nick Allen

Day: Tuesday

Times: 8:00-9:00pm

Location: Community Center Gym

Start Date: On-going until mid-March

Fee: \$1 per night Residents / \$3 Non-Resident

CO-ED SOCCER CLINICS

Grades: 1-6

This program allows players to learn, develop and participate in the game of soccer regardless of skill level. Each session will be comprised of guided drills and small sided games to encourage players to refine their skills and become better players. There will be no assigned teams in this program as teams will be assigned weekly, based on attendance and skill level. Players will receive a tee shirt. Players must wear shin guards.

Head Trainer: Dan Roberts

Day: Saturday

Grades 1-3: 9:00am

Grades 4-6: 10:00am

Location: Philipstown Park

Start Date: April 18 (6 weeks)

Fee: \$45 Resident / \$60 Non-Resident

SPORTS SAMPLER*

Grades K-5

Participants will play a variety of indoor sports including basketball, kickball, volleyball, and more! A different sport will be featured each week. No 4/8,

Instructors: Frank Caccetta & Dennis Mazzuca

Day: Wednesday

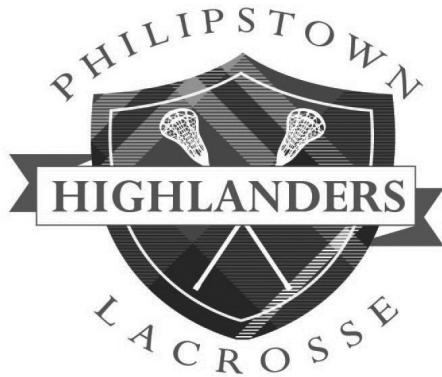
Time: 4:00-5:30 pm

Start Date: March 11 (5 weeks)

Location: Community Center Gym

Fee: \$40 Residents/ \$55 Non-Residents

**REGISTRATION FOR ALL SPRING PROGRAMS OPENS FEBRUARY 10th
FOR RESIDENTS AND FEBRUARY 18th FOR NON-RESIDENTS**



Spring 2020 Lacrosse– Boys & Girls

THE HIGHLANDERS ARE IN THE HUDSON VALLEY LACROSSE LEAGUE

All players must be a registered member with USLacrosse. To register, please visit www.uslacrosse.org. Be sure to join “Philipstown Highlanders” when you process your membership. All players must provide proof of membership.

**Indoor Practices preliminary start end of March.
Games run from Mid-April through Mid-June and can be on any day of the week
(not necessarily the designated practiced day)
Final practice and game schedules will be distributed by the coaches**

GIRLS

U8 will be offered clinic style for a few “learn-to-play” games. U10 and U12 will potentially have a 8-10 game schedule against other community teams plus one tournament. All players must have a girls lacrosse stick, goggles, colored mouth guard, and cleats. Players in U10, U12 and U14 need to purchase a uniform for an additional \$40. If you have a uniform from last season, you are not required to purchase another one.

Grade	Practice Days	Fee
K-2nd	TBA	\$75 Resident / \$90 Non-Resident
3rd-4th	TBA	\$100 Resident / \$115 Non-Resident
5th-6th	TBA	\$100 Resident / \$115 Non-Resident
7th-8th**	TBA	\$90 Resident / \$105 Non-Resident

**reduced practice schedule, few games and/or tournaments to supplement school team

BOYS

U8 will be offered clinic style for a few “learn-to-play” games. U10 and U12 will potentially have a 8-10 game schedule against other community teams plus one tournament. All players must have their own lacrosse stick, colored mouth guard and cleats. Players will need shoulder pads, arm pads, gloves, and helmet. Equipment can be rented for \$40 fee (\$25 for grades U8). Players in U10, U12 and U14 need to purchase a uniform for an additional \$40. If you have a uniform from last season, you are not required to purchase another one.

Grade	Practice Days	Fee
K-2nd	TBA	\$75 Resident / \$90 Non-Resident
3rd-4th	TBA	\$100 Resident / \$115 Non-Resident
5th-6th	TBA	\$100 Resident / \$115 Non-Resident
7th-8th**	TBA	\$90 Resident / \$105 Non-Resident

**reduced practice schedule, few games and/or tournaments to supplement school team

TEENS

CERAMICS - TEENS

Grades 7 and up

At last, a class for young adults, that you can have fun in. Wheel throwing, sculpturing, almost any idea you have. Must come in with a drawn idea. No 5/21. See page 18 for more information..

Instructor: Diane Mary

Day: Thursday

Time: 6:00-8:30pm

Location: Philipstown Clay Studio

Start Date: April 16 (8 weeks)

Fee: \$300 Resident / \$325 Non-Resident

FOOT IN MOUTH PLAYERS

Ages 12 to 19

Come join our group of 12 to 19 year olds providing entertainment for the community and having a good time exploring all aspects of performing arts, including acting, script-writing, lighting, sound, set design, event planning & management, marketing & publicity.

Instructor: Frank Caccetta

Day: Friday

Times: 6:30-8:30pm

Location: Community Center

Start Date: Ongoing

LACROSSE OPEN GYM

Grades 7-12

A chance to work on your stick handling skills, game fundamentals and get ready for the spring.

Instructor: Pete Ruggiero & Nick Allen

Day: Tuesday

Times: 8:00-9:00pm

Location: Community Center Gym

Start Date: On-going until mid-March

Fee: \$1 per night Residents / \$3 Non-Resident

Y.E.S - YOUTH EMPLOYMENT SERVICES

If you are 14 years of age or older and are interested in working part-time, we have requests from area employers for mowing, snow removal, and babysitting, as well as some fun positions with the Recreation Department. Please complete a registration form at the Recreation Office. Employers, please call if you need help. We do not negotiate salaries or provide transportation. This program is partially funded by the NY State Office of Children and Family Services.

SUMMER CAMP EMPLOYMENT!

The Philipstown Recreation Department will accept camp employment applications until March 1st. Minimum age requirement is 15 for CIT's and 16 for camp counselors.

Applications can be found at

https://philipstownny.myrec.com/forms/5951_application_for_employment.pdf

Please call Susan at 845-424-4618 for more information.

TEENS

TEEN EVENTS CALENDAR

All events take place at the Philipstown Community Center and are residents only!

FEBRUARY 22- TEEN NIGHT AND SKATING (OR MOVIE)

Grades 6-8
7:00-10:00pm
\$5.00

Games in the tournament room, free play in the gym and outdoor skating if the weather permits. If no skating, there will be a showing of Detective Pikachu. Must provide your own skates. Concessions available.

MARCH 7—TEEN NIGHT WITH LASER TAG & GAME SHOWS

Grades 6-8
7:00-10:00pm
\$5.00

Gym, tournament room, trivia games, laser tag and more! Concessions available.

MARCH 21 - TEEN NIGHT WITH ESCAPE ROOM & KARAOKE

Grades 6-8
7:00-10:00pm
\$5.00

Gym, tournament room, Escape Room, karaoke and more! Concessions available.

APRIL 4 - TEEN NIGHT WITH CUPCAKE DECORATING CONTEST AND GLO DANCE PARTY

Grades 6-8
7:00-10:00pm
\$5.00

Gym, tournament room, cupcake decorating contest, glo dance party and more! Concessions available.

MAY 2 - TEEN NIGHT WITH LASER TAG & GAME SHOWS

Grades 6-8
7:00-10:00pm
\$5.00

Gym, tournament room, trivia games, laser tag and more! Concessions available.

MAY 16 - TEEN NIGHT WITH OPEN MIC NIGHT & MARIO KART TOURNAMENT

Grades 6-8
7:00-10:00pm
\$5.00

Gym, tournament room, open mic night, Mario kart tournament and more! Concessions available.

MAY 30 - SUMMER SEND-OFF TEEN NIGHT WITH BBQ & BRING YOUR OWN SHIRT TO TYE DYE

Grades 6-8
7:00-10:00pm
\$5.00

Gym, tournament room, BBQ, Tye Dye and more! Concessions available.

SUMMER CAMP 2020

OUR BEST SUMMER YET!!

7 WEEKS, JUNE 29 - AUGUST 14



DAY CAMP FOR AGES 3-14,
TEEN TRAVEL, SPORTS CAMPS,
THEATRE CAMPS and MORE!



Camp brochure will be available on March 4th.

Registration opens March 9 for Resident &
March 16 for Non-Residents.



Summer Theatre Camp Preview

Camp brochure will be available on March 4th.
Registration opens March 9 for Resident & March 16 for Non-Residents.

GRADES 4-7: INTO THE WOODS, Jr.

Director: Lisa Sabin

Rehearsals: Mon-Fri 9-2 starting June 29 (No July 3)

Performances: July 30-August 2

GRADES 8th-12th+: LEGALLY BLONDE

Director: Christine Bokhour

Rehearsals: Mon-Fri 2:30-5:30pm, starting June 22 (No July 3)

Performances: July 23-26

INTRODUCING



a new Depot series
of DANCE, PHOTOGRAPHY,
STORYTELLING, FILM,
PLAYS & WORKSHOPS

FLIP SIDE 2020

2/1 Jamel Gaines, Urban Roots (*dance & workshop*)

2/29 The Count: A Musical (*staged reading*)

3/7 Ivy Omere, My Story, My Voice (*one-woman play*)

3/8 The Pollinators (*film*) presented with Glynwood

3/13 Night Train: an evening of storytelling,
featuring Adam Wade of The Moth (*storytelling*)

3/21 Blind Visionaries (*photography*)
with music by the Daniel Kelly Trio



for tickets & info
www.philipstowndepottheatre.org

SENIORS

COLOR YOUR WORLD PAINTING

Please register for only one date per month.

Instructor: Tania Dirks

Time: 10:00-11:15am

Location: Philipstown Community Center

March: Miniature Madness! Let us make a big impression on a teeny tiny canvas!

Dates: Tues, March 10 or Thurs, March 12

April: Daisy Daisy give me your answer, do! You guessed it, I am half crazy for painting DAISY flowers with you!

Dates: Tues, April 14 or Thurs, April 16

May: Painters choice - bring your own inspirational picture (maybe a favorite photo from your past, or a picture you loved in a magazine or calendar?) or bring a painting you have been wanting to continue working on and haven't found time to finish.

Dates: Tues, May 12 or Thurs, May 14

June: Let's rock into summer! Painting on ROCKS (of course you can bring your own rock if you like, look for a smooth surface) a fun way to bring our creativity and skills onto a new surface!

Dates: Tues, June 16 or Thurs, June 18

CHAIR STRETCH, FLEX & STRENGTHEN

The class focuses on bringing mobility to the joints and strength to the muscles. We remain seated for the class so it is a great choice for those with movement and balance restrictions. By incorporating Pilates and a resistance band, participants are able to access their core strength to improve coordination, flexibility and tone.

Instructor: Kelly House

Day: Thursday

Time: 9:00-10:00am

Location: Continental Village Clubhouse

Start Date: March 5 (10 weeks)

Fee: This class is free for Philipstown Residents over the age of 62. PLEASE CALL TO REGISTER

DRAW YOUR WORLD DRAWING CLASSES

Let's sketch and draw! A fun way to relax and build some basic art skills through line and shading techniques. Registration is for all classes. ***There is a one-time fee of \$8 for Sketchpad & Drawing Pencil Kit which you keep.**

Instructor: Tania Dirks

Day: Tuesday

Time: 10:00-11:00am

Start Date: April 7, 21, May 5, 19

Location: Philipstown Community Center

Fee: This class is free for Philipstown Residents over the age of 62. PLEASE CALL TO REGISTER

FIT FOR LIFE

The use of light weights and gentle cardiovascular movements are combined to improve overall muscle tone and heart health. Participants will enjoy fun music while working in a group exercise atmosphere of support. No 4/20.

Instructor: Cecily Hall

Day: Monday

Time: 11:00am-12:00pm

Start Date: March 9 (10 weeks)

Location: Continental Village Club House

Fee: This class is free for Philipstown Residents over the age of 62. PLEASE CALL TO REGISTER.

KNIT & CROCHET GROUP

Day/Time: Tuesday, 12:00-2:00pm

Start Date: Ongoing through June

Location: Continental Village Club House

LINE DANCING

Join us for an hour of fun as you move and shake to some of your favorite dances.

Instructor: Betty Murphy

Day: Wednesdays, 2x each month

Time: 1:00pm

Dates: March 11, 25, April 8, 22, May 13, 27

Location: Continental Village Clubhouse

Fee: This class is free for Philipstown Residents

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SENIORS

PEN AND INK DRAWING CLASS

Feel ready to commit to paper without the eraser? Get your fingers dirty?! Let's explore this new media together. This class is for residents only. ***There is a \$5 fee for supplies.**

Instructor: Tania Dirks

Day: Thursdays

Time: 10:00-11:00am

Start Date: May 21 (4 weeks)

Location: Philipstown Community Center

Fee: \$5 for supplies

ZUMBA® GOLD

Zumba® Gold is the level of Zumba® that is for true beginners, active older adults, or anyone that would like to check out Zumba® but feels that for whatever reason they would like to ease into it. The easy routines alternate fast and slow rhythms, which in addition to providing a good cardio workout, tone the muscles, sharpen the mind – and put a smile on your face!

Instructor: Kelly House

Day: Thursday

Time: 10:00-11:00am

Location: Continental Village Clubhouse

Start Date: March 5 (10 weeks)

***Fee:** This class is free for Philipstown Residents over 62. PLEASE CALL TO REGISTER

TRIPS

MARCH: ACE IN THE HOLE PRESENTS" IT'S A GREAT DAY FOR THE IRISH"

Celebrate St Patrick's Day at The Brownstone in New Jersey with award winning Irish Crooner Jimmy Walsh as he sings all your Irish favorites. Prior to the show , enjoy a family- style lunch, consisting of salad, Irish pea soup, corned beef and cabbage, roast chicken, Irish soda bread, boiled potatoes ,buttered carrots and dessert. ***Two complimentary drinks for each guest!** Bus will depart from the Community Center, returning to Garrison by 5:00pm.

Date: Tuesday, March 17th

Time: Bus departs at 10:00am

Fee: \$61.00 Residents / \$76.00 Non-Residents

APRIL: EMPIRE CITY CASINO, LUNCH AT SEA SHORE RESTAURANT

Embark on a day of slots, and electronic table games at Yonkers' Empire City Casino & Raceway, followed by a leisurely lunch that afternoon at Sea Shore Restaurant in City Island, Bronx. ***Upon arrival to the casino, you will receive a \$5 food voucher, plus \$10 in free play. Please make sure to bring photo ID.** Bus leaves Philipstown Recreation Department at 9:00am and returning by 6:00pm.

Date: Wednesday, April 15th

Time: Bus Departs at 9:00am

Fee: \$55 Residents / \$70 Non-Residents

MAY: LUNCH AT VILLA ROMA RESORT AND A BROADWAY TRIBUTE STARRING "BROADWAY TONITE LIVE"

Enjoy a day trip to Villa Roma Resort in the Catskills, and following a leisurely lunch, enjoy the musical revue with an exciting cast of singers and dancers who have shined on the Broadway stage and on tour around the world! Upon arrival enjoy coffee and cake. The luncheon menu consists of fruit cup and chicken noodle soup followed by your choice of entrée roast loin of pork, chicken parmigiana over linguini or flounder francese (We will be asking you prior to the trip what meal you would like) All served with chef's choice of starch and vegetable. Dessert will be Chef's surprise with coffee or tea. Carafe of red & white wine will be provided. Bus will depart from the Community Center, returning to Garrison by 5:30pm.

Date: Tuesday, May 12th

Time: Bus departs at 8:45am

Fee: \$50 Resident / \$65 Non- Resident

REGISTRATION FOR ALL SPRING PROGRAMS OPENS FEBRUARY 10th FOR RESIDENTS AND FEBRUARY 18th FOR NON-RESIDENTS

CERAMICS

Clay is the ancient, living, breathing earth and has the power to transform. This course is designed as a series of meditation exercises for grounding ourselves in clay and opening our eyes. Participants will learn the basic hand building techniques, such as pinch pots, coils, slabs, and sculpture. Previous experience not necessary.

Instructor: Diane Mary, Resident Potter

Location: Philipstown Clay Studio

Tuesday - Starting April 14 (8 weeks)

Grades K-3: 3:45-5:45

\$240 Resident / \$255 Non-Resident

Adults: 9:00am-12:00pm

\$360 Residents / \$375 Non-Residents

Adults: 6:00-9:00pm

\$360 Residents / \$375 Non-Residents

Wednesday - Starting April 15 (8 weeks)

Mudbunnies (ages 3-5): 12:30-2:00pm

\$180 Resident / \$195 Non-Resident

Thursday - Starting April 16 (8 weeks)

No class 5/21

Grades 4-6: 3:30-5:30pm

\$240 Resident / \$255 Non-Resident

Teens (Grades 7-12): 6:00-8:30pm

\$300 Resident / \$325 Non-Resident



ADULT PROGRAMS

BALLET FOR ADULTS

The traditional ballet workout does indeed work. Classes focus on total fitness - body and mind. Each class will begin with a sequence of "barre" exercises followed by stretching and strengthening floor exercises and ending with "center" work. You will need comfortable attire and ballet slippers or socks. No 5/21.

Instructor: Mary Del Vecchio

Day: Tuesday or Thursday

Time: 6:00-7:30pm

Location: Community Center Performance Room

Start Date: April 14 or April 16 (10 Weeks)

Fee: \$130 Resident / \$145 Non-Resident

BASIC PILATES/BUFF BONES

Through her Basic Pilates class, Kelly is introducing students to Buff Bones®, a medically-endorsed system of movement for bone and joint health, which leverages bone-strengthening and balance techniques along with Pilates, functional movement, strength training and therapeutic exercise. Toning your arms, hips, back and abs, the program strives to improve posture is safe for those with osteoporosis. No 4/10.

Instructor: Kelly House

Location: Community Center Performance Room

Day: Friday

Time: 9:00-10:00am

Start Date: March 6 (8 weeks)

Fee: \$85 Residents / \$100 Non-Residents

ADULT PROGRAMS

CERAMICS FOR ADULTS

SEE PAGE 18 FOR MORE INFORMATION.

INTERMEDIATE PILATES

This program will delve a little further into the exercises, and intensity will be increased for more advanced individuals. Walk-ins are welcome at a \$14 per class fee if minimum registration is met to run the class. No 4/6.

Instructor: Kelly House

Location: Community Center Performance Room

Day: Monday

Time: 9:00-10:00am

Start Date: March 9 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

MEN'S BASKETBALL (18 years +)

Philipstown residents only, valid photo ID required. Must be 21 or older. All players must purchase a punch card for 10 nights (\$30) at the Recreation Department. Cards will also be for sale Monday Night.

Day: Monday

Time: 7:30-9:30pm

Location: Community Center Gym

Start Date: Ongoing

Fee: \$30 for 10 night (punch card)

MODERN DANCE FOR ADULTS

At last! Lauren Hale Biniaris leads a modern dance class for all abilities, no experience required. Get those Wednesday morning bones down to the Depot and we'll have great fun moving around to great music.. No 4/8 and 4/29

Instructor: Lauren Biniaris

Day: Wednesday

Time: 10:45-11:45am

Location: Community Center Performance Room

Start Date: March 25 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

POWER HOUR EXERCISE CLASS FOR WOMEN

Join us for an hour filled with high impact cardiovascular and muscular training and endurance exercises. Burn fat and build muscle tone with a total body workout. Bring your own hand weights, towel, mat and water bottle. This class is for women only No 4/6, 4/8, 4/13, 4/20 and 5/25.

Instructor: Cecily Hall

Location: Community Center Gymnasium

Day: Monday

Time: 9:30-10:30am

Start Date: March 23 (8 weeks)

Day: Wednesday

Time: 9:30-10:30am

Start Date: March 11 (8 weeks)

Fee: \$80 (M), \$80 (W) or \$140 two days - Res.

\$95 (M), \$95 (W) or \$155 two days -Non Res

VOLLEYBALL (18 years +)

Instructor: Gloria McVey

Day/Time: Thursday, 7:30-9:30pm

Day/Time: Sunday, 6:00-8:00pm

Location: Community Center Gym

Start Date: Ongoing

Fee: \$3 per night Residents/\$5 Non-Residents

WRITE YOUR WORLD

Everyone has stories to tell, whether or not they stem from imagination or memory. Have you always wanted to write but think you're not a writer? Need encouragement to move past a block? Want to hone your craft? Interested in personal memoir? This is the workshop for you, whether you're a beginner or an experienced writer. Susan Wallach provides a safe atmosphere, using prompts to spark your creative voice. **** All writing done in the workshop.**

Instructor: Susan Wallach

Day: Wednesday

Time: 10:00am-12:00pm

Location: Philipstown Community Center

Session I: March 4 (4 weeks)

Fee: \$65 Resident / \$80 Non-Resident

Session II: May 13 (6 weeks)

Fee: \$95 Resident / \$110 Non-Resident

ADULT PROGRAMS

YAMUNA BODY ROLLING

Yamuna Body Rolling is a body sustainability class. Utilizing balls of different sizes, students will perform a series of routines to organize the body. The balls start ultimately impact the bones and continue to tendons and then muscles to correctly align your body, elongate muscles and maximize performance. The process is a healing one, and it is also preventative in caring for your body. Walk-ins are welcome at \$14 fee per class if minimum registration is met. No 4/6.

Instructor: Judith Marx

Day: Monday

Time: 10:30-11:30am

Location: Community Center Performance Space

Start Date: March 16 (6 weeks)

Fee: \$65 Residents / \$80 Non-Resident

YOGA WITH LAUREN BINIARIES

This yoga class provides light hearted instruction in breathing techniques, alignment and body awareness in a friendly, community atmosphere. This is a beginning level class appropriate for those who are new to yoga, returning to a practice or those with a beginner's mind. Those with injuries or physical limitations will be assisted in finding safe and comfortable adaptations. The emphasis is on Basic Floor poses, along with some standing poses and final relaxation; this is not a power or Vinyasa class. Yoga offers the opportunity to learn to better manage stress, improve concentration, flexibility and balance. Walk-ins are welcome at a rate of \$14 per class if minimum registration has been met to run the class. No 4/7.

Instructor: Lauren Biniaries

Day: Tuesday

Time: 9:30-10:30am

Location: Community Center Performance Space

Start Date: March 17 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

YOGA WITH KATHY BARNES

What separates yoga from "exercising" is the focus on integrating the body and mind. Regular practice develops heightened physical and mental awareness, brings about beneficial changes to our bodies and helps create a sense of well-being. It allows us to shift away from unhealthy patterns and habits and helps to prevent future problems as well. Walk-ins are welcome at a \$14 fee per class if minimum registration is met to run the class. Kathy's class emphasizes proper alignment of the body, building strength and flexibility of the muscles and joints, and the integration of the healing powers of the breath. No 4/13 or 5/25.

Instructor: Kathy Barnes, CYT

Day: Monday

Time: 7:00-8:30pm

Location: Cold Spring Presbyterian Church

Start Date: April 6 (8 weeks)

Fee: \$95 Resident / \$110 Non-Resident

ZUMBA®

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, to get hooked. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Walk-ins are welcome at a \$14 fee per class if minimum registration is met to run the class. No 4/9.

Instructor: Anabel Sakal

Day: Thursday

Time: 1:30-2:30pm

Location: Philipstown Community Center

Start Date: March 12 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

Important Information

OFFICE HOURS: M - F, 8:30am - 4:00pm
PHONE: (845)424-4618 or 424-4662

WEBSITE: www.philipstownrecreation.com
FAX: (845)424-4686

The Philipstown Recreation Commission reserves the right to change or cancel programs. The Commission reserves the right to deny entry into, or remove any participant from any program due to disciplinary problems, or to avoid creating a staffing hardship which is beyond reasonable expectations of the PRD. We reserve the right to photograph, video or record any Recreation program and use for future promotions. The Town is not responsible for typographical errors.

PROGRAM INFORMATION

Recreation news is published every Wednesday in **The Putnam County News & Recorder**, the officially designated newspaper of Philipstown and Putnam County. Seasonal brochures are inserted in the paper 4 times during the year. Program brochures and flyers are also available at the Department Office and Town Hall.

REGISTRATION

No one may participate in any program unless they are pre-registered. Incomplete or inaccurate forms may be returned. **Remember..** all our programs have limited registration. Be sure to register as soon as possible. All registrations are on a first come first serve basis. **There is a \$15.00 late registration fee for all programs with a registration deadline. PLEASE NOTE: ALL OUTSTANDING BILLS MUST BE PAID BEFORE PARTICIPATION IN NEW PROGRAMS.**

PAYMENT INFORMATION

Methods: We accept payments by cash, check Mastercard, Visa or Discover.

Payment Plan: A payment plan is available to resident families. We also offer a sliding scale fee, based upon income tax returns. Please call the Recreation Department for more information. Requests are kept confidential.

Walk-In: It is suggested that you register in person for all programs at the Recreation Office, during regular business hours.

Phone-In: You may register by phone. Payment must be received 2 weeks before program starts. If payment is not received by the due date there is no guarantee for admittance into a program.

Mail-In: Completed registration forms together with appropriate fees will be accepted by mail, unless program specifies otherwise. Space in any program cannot be guaranteed. No registration confirmation is sent. Your cancelled check is your receipt.

Non-Resident: There is an additional fee for non-residents in all programs. Call office for details.

PARENTS RESPONSIBILITY

Programs and sports are for registrants and team members **only**. Do not allow your children to "hang out" at practices or programs where they are not registered. Recreation and /or School staff will not be responsible for extra people. Parents must be responsible to know when a program begins and ends. It is unfair to drop off children early or pick them up late, to and from any program.

CANCELLATIONS

Listen to **WHUD 100.7** for cancellations or other emergencies. Please do not call the radio station. Cancellations will also be posted on www.philipstownrecreation.com. We must plan in advance to create our programs, which includes scheduling staff and facilities, and purchasing necessary supplies. **Please register early** to avoid canceling a program.

REFUND / CREDIT

Refunds will be issued to all registrants in case of program cancellation by the Recreation Department. Refunds, at registrant's request, may be made up to one week prior to the start of the program. Participants may be offered a pro-rated credit towards future recreation fees if a documented medical problem prevents completion of a program. All department credits must be used within a year of date issued. No refunds for ticket purchases for any trips, events or theatre productions. **There is a 15% administrative fee for all refunds and withdrawals issued less than one week prior to the start of the program. Once the program has begun, there are no refunds except for documented medical reason.**

RETURNED CHECKS

There is a charge of \$30 for any check returned, regardless of the amount of the check. Checks cannot be redeposited.

INSURANCE

The Town's insurance plan is in excess of all other valid and collectable individual or group accident and/or health insurance in force at the time of an accident. You must submit all bills to your own insurance first, and then the Town policy will pick-up the unpaid balances up to the limits of the policy less deductible.

Directions



CLAUDIO MARZOLLO COMMUNITY CENTER OF PHILIPSTOWN 107 GLENCLYFFE DRIVE, GARRISON:

Go south at the traffic light at the intersection of 9D and Route 403. Turn into the second driveway on the right (Glenclyffe Drive), a short distance after the Highlands Country Club entrance. Follow Glenclyffe Drive and make your first left. Go past the fields and into the parking lot . **We ask that you please drive slowly on the grounds of the Community Center and the Garrison Institute in consideration of all who use this property.**

PHILIPSTOWN PARK:

The Town Park is located on Route 9D, in Garrison. There is ample parking available, except during Soccer and Lacrosse seasons, due to the popularity of these programs. When parking is at a premium, please park as close to the neighboring cars as possible and be aware that there are many other program participants trying to find a space.

PHILIPSTOWN DEPOT THEATRE:

From Route 9D in Garrison, take either Upper Station Road or Lower Station Road down the hill to Garrison's Landing. At the bottom of the hill, park in either Metro North Parking Lot (free on weekends and evenings). The Theatre is in the old train station on the West (river) side of the tracks. The smaller, northern lot is the closest parking lot and has an underpass to the theatre. If you come by train, get off at Garrison Station, take the overpass to the river side of the tracks and walk north to the old train station.

CONTINENTAL VILLAGE CLUBHOUSE:

Traveling on Route 9 South towards Peekskill, turn onto Winston Lane, the road immediately south of the Stadium Restaurant. Stay right on Winston Lane to a right-hand turn on Ox Yoke Road. This takes you to the Clubhouse.

FRIENDSHIP CENTER OF PHILIPSTOWN:

Located on the old Butterfield Hospital property, the Friendship Center of Philipstown is the county run senior center. The center is located on 9D in Philipstown across the street from Chestnut Ridge apartments.

